

A vibrant photograph of a tropical river scene. In the foreground, a yellow raft with several people is navigating white-water rapids. To the right, a large waterfall cascades down a rocky cliff. The background is filled with dense, lush green forest. A dark green rounded rectangle is overlaid on the center of the image, containing white text.

Rios LODGE

PAGUARE-COSTA RICA

Retreat Leaders
Summit 2025



You are invited!

Calling all individuals leading high-quality retreats around the world. Rios Lodge is hosting an all-inclusive stay on the property to showcase this location for your next upcoming retreat.

Location

Nestled on the banks of the Pacuare River, Rios Lodge is the perfect backdrop for your retreat. Here you are surrounded by the beauty and splendor of Costa Rica's tropical rainforest, all while enjoying comfortable rooms overlooking the river, in-room electricity, lighted walkways at night, and sumptuous tropical meals and beverages. Sustainably built using reclaimed wood and totally off the grid with hydroelectric power, our ecolodge is an award-winning model of positive ecotourism.



Accommodations

Your retreat participants may sleep better than they ever have before at Rios Lodge! We offer a variety of accommodations, from our newly finished eco-hostel shared housing bunkrooms and shared bathrooms to private rooms or suites, including their own private bathrooms.



Meals

All meals, beginning with breakfast on Day 2 and ending with lunch on your last day—are included. Freshly cooked by our Executive Chef. Additionally, our Lodge restaurant can cater to dietary restrictions (we will coordinate this prior). Juice, coffee, water, and tea are provided at no additional charge. Enjoy a full-service bar for an additional charge. Additional payments can be made with a credit card or cash onsite.



Activities

Rios Lodge offers many activities on-site for retreat participants. When not doing specific retreat sessions there is a eight zipline course over the Pacuare River beginning and ending at the Lodge. Additionally, there are numerous waterfall pools directly adjacent to the common areas for swimming and sunbathing. Naturalist hikes and creek hikes are scheduled daily.

These activities are included in any retreat price. Additional massage and horseback riding excursions can be booked at an additional charge.

Partnerships with the indigenous peoples are currently in the works. We will run Retreat Leaders through each of our activities during their Lodge stay.



Invitation Details

April 13 - 18, 2025

Length: 5 nights/6 days in Costa Rica

ITINERARY

APRIL 13: Arrive in San Jose Airport in the evening.

- Transportation to San Jose Hotel (TBD)
- Dinner on your own in San Jose

APRIL 14: Departure for Rios Lodge

- Leave San Jose at 8am
- Breakfast at the hotel between 6am - 8am
- Arrive at the class 2-3 Pacuare river section at approximately 10:30 AM
- Raft into Rios Lodge, arrival between 12:30-1:30 PM
- Room Assignments and Rios Lodge & Welcome

APRIL 15 & 16: Activities and exploration! Full itinerary to come!

APRIL 17: Exit the lodge either through hiking or rafting

- Rafting through the Pacuare River Gorge (class 3-4), lunch on the river and arrival at the Siquirres take-out at approximately 2pm.
- Hiking group will meet rafting group at the Siquirres take-out.
- Private transport from Siquirres to San Jose (approximate arrival 6-8pm) depending on traffic.
- San Jose hotel (TBD)
- End of Retreat (if people want to leave this day to fly home they need to book a very late night flight as delays can happen on the river or on the roads coming back into San Jose.) We encourage people to get an early morning flight out the next day to mitigate any missed flights.

APRIL 18: Departure from San Jose

More Information

Pre-Requisites

- A nonrefundable rollover security deposit of \$600 for attending this summit is required for all participating leaders to secure your spot.
 - For retreat leaders, this \$600 will be deducted from the deposit on your first retreat booked at Rios within a year of the trip.
 - This deposit is nonrefundable if you should cancel your sign up at any time.
- All participating leaders are individually invited and must be actively looking to develop and run future retreats in Costa Rica.
- All participants must have already created, sold, and run their own retreats.
- All participants (based on their own honor code) have held at least 2 retreats in the past year or two with 15-80+ participants who went to a specific location to receive their in-person services.
 - If you would like to join and do not meet the above prerequisites, but do know someone who does and who would like to come with you, you are welcome to join this person for \$600 for the week.

Partners: Significant others or partners can be accommodated at a rebated price of \$600. Space is limited so early confirmation is important.

Included: Transportation to/from San Jose, 2 nights accommodation in San Jose, meals from breakfast on April 14th through lunch on the 17th, all activities at Rios Lodge, 3 full nights accommodations at Rios Lodge, rafting into Rios Lodge, rafting/hiking out of Rios Lodge.

Not included: Alcoholic beverages, airfare, meals in San Jose on April 13th and 17th, any additional in lodge purchases, and gratuities for guides/hosts/housekeeping.

Additional Logistical Help: Our internal Rios Lodge reservation and sales team can help facilitate additional stays in Costa Rica prior to, or after, a trip to Rios Lodge. We have developed strategic partnerships with special lodges throughout the country (in the Caribbean, Pacific side, Arenal, etc), have deep relationships with hotels, and can provide reputable and trustworthy transportation through vetted partners. Please contact us for more information.

Let's get you here!

email **Vanessa Rusch, Director of Business Development** vanessa@rioslodge.com

If you cannot make this invitation yet feel very aligned to explore Rios Lodge and offer future retreats with us, we are open to individually hosting at other times; agreements to be arranged on a per-person basis.